

New Mehran

# MAYARI SOCIAL STUDIES

Class One

(TEACHER GUIDE)

Chapter 01

## MY INTRODUCTION

میر اتعارف

Exercise

1. My name is Wasil.
2. I am student of class one.
3. I live in Karachi.
4. I get up early in the morning.

## OUR COUNTRY

ہمارا ملک

### Exercise

**(A) TICK (✓) ON THE CORRECT ANSWER.**

- Our country was established:
  - ✓ (a) on 14th August
  - (b) on 15th November
  - (c) on 14th January
- Pakistan has provinces:
  - ✓ (a) four
  - (b) five
  - (c) six
- National language of Pakistan is:
  - ✓ (a) Urdu
  - (b) Balochi
  - (c) Punjabi

**(B) FILL IN THE BLANKS WITH CORRECT WORDS:**

- The name of our country is Pakistan.
- Pakistan has four provinces.
- Urdu language is spoken in whole country.
- Karachi is situated in Sindh province.

**(C) ANSWER THE FOLLOWING QUESTIONS.**

Q1: What is the name of our country?  
Ans: The name of our country is Pakistan.

Q2: When Pakistan came into being?  
Ans: Pakistan came into being on 14th August 1947.

Q3: How much population of Pakistan is?  
Ans: The population of Pakistan is more than 20 million.

**(D) MATCH THE COLUMN:**

COLUMN A	COLUMN B
National language of Pakistan is	Punjabi
The language of Punjab province is	Karachi
The capital of Pakistan is	Urdu
The biggest city of Pakistan is	Islamabad

## HOUSE / HOME



### Exercise

**(A) FILL IN THE BLANKS WITH CORRECT WORDS:**

- Where ever we live is called home.
- Our house is built by my father with great labour.
- Our home is double storeyed.
- There are two bed rooms and one veranda in first floor.

**(B) TICK (✓) ON THE CORRECT ANSWER.**

- The place where we live is called:
  - (a) Room
  - ✓ (b) Home
  - (c) Office
- My father built our home with:
  - (a) great love
  - (b) great struggle
  - ✓ (c) great labour
- My home is storeyed:
  - (a) four
  - ✓ (b) two
  - (c) five

**(C) ANSWER THE FOLLOWING QUESTIONS.**

Q1: What is home?  
Ans: The place where we live is called home.

Q2: Who did build your home?  
Ans: My father built my home.

Q3: How many rooms are there on first floor?  
Ans: There are two rooms on first floor.

Q4: For what purpose guest house is used?  
Ans: Guest house is used for guests.

(D) RE-ARRANGE THE SENTENCES.

1. Is a kitchen, a Courtyard, room s four home in our there.

Ans: There are four rooms, one courtyard and one kitchen.

2. Double our home is storeyed.

Ans: Our home is double storeyed.

3. Prepares meal my mother kitchen in.

Ans: My mother prepares meal in kitchen.

Chapter 04

## SCHOOL

اسکول

### Exercise

(A) FILL IN THE BLANKS WITH CORRECT ANSWER.

1. The student in school is called learner or student.  
2. A person who teaches in school is called teacher.  
3. The leader / Head of school is called principal.  
4. Students play in play ground in recess time.

(B) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.

1. There is nothing except class room in the school. (X)  
2. Students wear same uniform in school. (✓)  
3. The head of School is called station Master. (X)  
4. Students play in the play ground in break or recess time. (✓)

(C) WRITE THE ANSWER IN SHORT.

Q1: Which place is called school?

Ans: The place where we learn reading and writing is called school.

Q2: What do you call to the head of school?

Ans: We call him head master or principal.

Q3: What is primary school?

Ans: The place where we study from class one to class five is called primary school.

Q4: Where student study in the school?

Ans: Students study in the class room in the school.

(D) TICK (✓) ON THE CORRECT ANSWER.

(E) RE-ARRANGE THE SENTENCES.

1. Is called teacher a person teacher who in school.  
Ans: A person who teaches in school is called teacher.

2. Primary school what is?  
Ans: What is primary school?

3. Head is the head master school of called.  
Ans: The head of school is called head master.

## Chapter 05

## OUR FLAG



## Exercise

**(A) ANSWER THE FOLLOWING QUESTION.**

Q1: What is the flag recognition?  
Ans: The flag is recognition of every country.

Q2: What does green colour indicate of flag?  
Ans: The green indicated the majority of the Muslim.

Q3: Which colour is for non Muslims in our flag?  
Ans: The white colour is for non-Muslim in our flag.

**(B) FILL IN THE BLANKS WITH CORRECT WORDS:**

1. The flag is recognition of every country.
2. We love our flag and we take it very high.
3. We will take high to our national flag.
4. The white colour is less in our flag.

(C) TICK (✓) ON THE CORRECT

1. The colours in Pakistan flag are:  
✓ (a) two (b) four (c) six

2. The green colour in flag shows:  
✓ (a) Muslims (b) Non Muslims (c) To all

3. The star has angles:  
(a) Three ✓ (b) Five (c) Seven

(D) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.

1. Every country has no flag. (X)  
2. Green colour is more in our flag. (✓)

3. Crescent is the sign of brightness and progress. (✓)
4. On 14th of August of flag is hoisting in whole country. (✓)

**(E) MATCH THE COLUMN:**

COLUMN A	COLUMN B
Green colour	Indicate the Muslims
White colour	Recognition of brightness
Star	For non-Muslims
Moon	Five angles

Chapter 06

**MASJID**



**Exercise**

**(A) FILL IN THE BLANKS WITH CORRECT WORDS:**

1. Mosque is home of Allah.
2. We offer prayers Five times I a day and night in Masjid.
3. A person who recites Azan is called Moazzin.
4. The name of first Majid of the world is Masjid-e-Quba.

**(B) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.**

1. We offer prayer in Masjid. (✓)
2. There is reciting of Azan for saying the prayer. (✓)
3. The person who recites Azan is called Imam. (X)
4. Where we offer prayer of Juma prayer is called Jamia (Grand) Masjid. (✓)

**(C) TICK (✓) ON THE CORRECT ANSWER**

1. Azan is reciting in one day:
 

(a) four times	✓ (b) five times
(c) six times	
2. A person who leads the offer prayer is:
 

(a) Moazzin	✓ (b) Imam
(c) Muqtadi (follower)	
3. The first Masjid of the world is:
 

(a) Nabvi Masjid	(b) Qiblatain Masjid
✓ (c) Quba Masjid	

**(D) ANSWER THE FOLLOWING QUESTIONS.**

Q1: What do we do in Masjid?

Ans: We perform prayers in Masjid.

Q2: Which is the first Masjid in the world?

Ans: Masjid-e-Quba is the first masjid in the world.

Q3: How many times Azan is reciting in one day?

Ans: Five times Azan is reciting in one day.

Q4: What is Jamia (Grand) Masjid?

Ans: The place where we offer Juma prayer is called Jamia (Grand) Masjid.

**(E) RE-ARRANGE THE SENTENCES.**

1. Home of Allah Masjid is a called.

Ans: A Masjid is called home of Allah.

2. Moazzin in Masjid recites Azan times five a day.

Ans: Moazzin recites the Azan five times a day in Masjid.

3. First world Masjid is in Quba Masjid the.

Ans: Masjid Quba is the first masjid in the world.

**Chapter 07**

**Hospital**

ہسپتال

**Exercise**

**(A) TICK (✓) ON THE CORRECT ANSWER.**

1. Patients are treated in hospitals:

(a) expensive      (b) cheap      ✓ (c) free

2. A patient who is serious is:

(a) Leave to home      (b) not treated  
✓ (c) admitted

3. The colour of Nurses Uniform is:

(a) green      ✓ (b) white      (c) blue

**(B) FILL IN THE BLANKS WITH CORRECT WORDS:**

1. The patients are treated free in hospitals.

2. Doctors treat the patients in hospital.

3. Nurses help the doctors in their work.

4. Treatment is free in free dispensaries.

5. A vehicle which takes patients is called ambulance.

**(C) ANSWER THE FOLLOWING QUESTIONS.**

Q1: Where the patients are treated?

Ans: Patients are treated in hospitals.

Q2: Who takes care of the patients?

Ans: Nurse takes care of the patients.

Q3: What is the duty of doctors?

Ans: Doctor treats the patients.

Q4: What is Ambulance?

Ans: A vehicle which takes the patients is called ambulance.

Q5: Who established the hospitals in different cities?  
 Ans: Government established the hospitals in different cities.

**(D) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.**

1. Treatment is very expensive in government hospital. (X)
2. A serious patient is admitted. (✓)
3. Nurses take care of the patients. (✓)
4. Treatment is very cheap in free dispensaries. (✓)
5. A vehicle which takes the patient is called Ambulance. (✓)

## Chapter 08

## PROVINCES OF PAKISTAN

پاکستان کے صوبے

## Exercise

**(A) FILL IN THE BLANKS WITH CORRECT WORDS:**

1. The full name of our country is Islamic democratic of Pakistan.
2. Pakistan came into being on 14th 1947.
3. The colour of national flag is green and white.
4. There are five provinces in Pakistan.

**(B) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.**

1. The head of country is Prime Minister. (✓)
2. The leader of house is called President. (X)
3. The name of founder of Pakistan is Quaid-e-Azam Muhammad Ali Jinnah. (✓)
4. Pakistan came into being on 14<sup>th</sup> of August 1947. (✓)

**(C) TICK (✓) ON THE CORRECT ANSWER.**

1. Pakistan's capital city is:  
 (a) Lahore ✓ (b) Islamabad (c) Karachi
2. Pakistan has provinces:  
 (a) four ✓ (b) five (c) six
3. The colour of national flag is:  
 (a) white (b) red ✓ (c) green and white

**(D) ANSWER THE FOLLOWING QUESTIONS.**

Q1: What are the names of the provinces of Pakistan?

Ans: Sindh, Balochistan, Punjab, Khyber Pakhtoon Khuwa and Gilgit Baltistan.

Q2: Who is the head of country?

Ans: President is the head of country.

Q3: What is full name of our country?

Ans: The full name of our country is Islamic Republic of Pakistan.

**(E) RE-ARRANGE THE SENTENCES.**

1. The name of Pakistan founder Quaid-e-Azam of Muhammad Ali Jinnah is.

Ans: The name of the founder of Pakistan is Quaid-e-Azam Muhammad Ali Jinnah.

2. Head of country president is called the of Pakistan.

Ans: President of Pakistan is the head of country.

3. Prime Minister leader Praliament house of the is called.

Ans: Prime Minister is the leader of Parliament of house.

4. Five Pakistan provinces has.

Ans: Pakistan has five provinces.

**Chapter 09**

# **OUR NUTRITION**

ماڑی غذا

## **Exercise**

**(A) FILL IN THE BLANKS WITH CORRECT WORDS:**

1. We need proper food to live alive.
2. Edible things are called nutrition.
3. We eat egg with great interest in breakfast.
4. We should eat simple and balanced diet.

**(B) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.**

1. Edible things are called nutrition. (✓)
2. Air and water are included in our nutrition only. (X)
3. We eat many fruits as nutrition. (✓)
4. We eat the eggs of hen with great interest. (✓)

**(C) TICK (✓) ON THE CORRECT ANSWER**

1. Nutrition is to maintains body:

✓ (a) healthy (b) sick (c) weak

2. We eat fish's cow's and goat's:

(a) skin (b) horn (c) meat

3. We drink buffaloes, cow's goat and she-camel's:

(a) blood (b) milk (c) water

**(D) ANSWER THE FOLLOWING QUESTIONS SHORTLY.**

Q1: What is an important for human to live?

Ans: Food is an important for human to live.

Q2: Which things are included in our nutrition?

Ans: Fruit, vegetable, eggs, milk, meat, corn, water, etc are included in our nutrition.

Q3: Which kind of fruits we eat as part of our nutritions?

Ans: We eat pomegranate, mango, apple, banana, melon, guava etc as part of our nutrition.

Q4: What kind of food should we eat?

Ans: We should eat simple and balance diet.

**(E) RE-ARRANGE THE SENTENCE.**

1. Part the milk of our nutrition is of cow and goat.
- Ans: The milk of cow and goat is part of our nutrition.
2. With great interest eat hen's eggs we breakfast in the.
- Ans: We eat the hen's eggs in the breakfast with great interest.
3. Beef's Mutton's, chicken's, fish's eat we as nutrition.
- Ans: We eat fish, beef, mutton and chicken as nutrition.

## Chapter 10

# POST OFFICE

ڈاک خانہ

## Exercise

(A) TICK (✓) ON THE CORRECT ANSWER.

1. Our letters reach to our friends and relatives through:

2. (a) bank (b) school ✓ (c) post office  
Something is fixed on envelope in post office.

(B) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.

1.	We send our letters through bank.	(X)
2.	Receiver's name is written on envelope.	(✓)
3.	Post man distributes money orders too.	(✓)
4.	No bill is accepted in post office.	(X)
5.	Letter box is of red in colour.	(✓)

(C) FILL IN THE BLANKS WITH CORRECT WORDS:

1. We put our letters in letter box.
2. The stamp is fixed on envelope.
3. A person who provides the letters is called post man.
4. We can send parcel and money order through post.

(D) MATCH THE COLUMNS:

COLUMN A	COLUMN B
The work of distributing letters:	Post office
The place where seals are fixed	Utility bills
We can submit in post office	Parcel and money orders
Except letters we can send from post.	Post man

(E) ANSWER THE FOLLOWING QUESTIONS SHORTLY.

Q1: Why do we write a letter?

Ans: We write a letter to know about our relatives and friends.

Q2: Who provides the letter to our relatives?

Ans: The post man provides the letter to our relatives.

Q3: Where the seals are fixed on envelope?

Ans: The seals are fixed on envelope in the post office.

Q4: What is work of post man?

Ans: The post man distributes the letter. He also distributes the money orders.

Chapter 11

**CITY AND VILLAGE**

شہر اور گاؤں

Exercise

(A) FILL IN THE BLANKS WITH CORRECT WORDS:

1. The population is thick in cities as compare to villages.
2. In village the people work in fields.
3. The villagers travel on donkey-cart, tractor and on foot.
4. The atmosphere of village is more healthy than city.

(B) TICK (✓) ON CORRECT AND (X) ON WRONG STATEMENT.

1. Where every big buildings, schools colleges, hospitals and roads are seen is called village. ( )
2. Where ever the people engage in their fields is called city. (✓)
3. The facilities of education and health are more in cities as compare to villages. (✓)
4. The people run their own business and work in offices in cities. (✓)

(C) TICK (✓) ON THE CORRECT

1. Mud plasters houses and narrow tracks are:
  - (a) in cities
  - (b) in talukas
  - ✓ (c) in villages
2. Countless houses, schools, colleges, markets and roads are in:
  - (a) in village
  - (b) in areas
  - ✓ (c) in cities

**(D) ANSWER THE FOLLOWING QUESTIONS  
SHORTLY.**

Q1: What is village?

Ans: The place where countless fields, narrow pavements, dusty streets, hovels and little houses are found is called village.

Q2: What is the profession of city people?

Ans: The people of city work in industries, offices or run their own business.

Q3: How do the villagers travel?

Ans: The villagers travel on donkey cart, tractor and on food.

Q4: Is population more in cities or villages?

Ans: The population is more in cities than villages.

**(E) RE-ARRANGE THE SENTENCES.**

1. Citizen industries, offices work in or run business their own.

Ans: Citizen work in industries, offices or run their own business.

2. In fields work villagers their the.

Ans: The villagers work in their fields.

### 3. Travel in buses, or in vans the citizens.

Ans: The citizens travel in vans on buses.

#### 4. Travel in donkey cart, tractor villagers the or.

Ans: Villagers travel in donkey cart or in tractor.

